



2025 U16 Girls XR Elements Junior State Championships
11 - 13 Jul 2025
Melbourne, Victoria



Team Details Central Metro Flames

Shirt No.	Player	Date of Birth	Age*
1	MCLEARY Abigail		14
2	MULLINS Amelia		14
3	BULLUSS Amélie		14
4	QUINN-JONES Charlotte		14
5	WILLIAMS Elke		14
6	DUNKLEY Ella		14
7	KHANGURA Harnoor		14
8	LEWTAS Lucy		14
9	CONSTANTINOUCY Lucy		14
10	MUIR Maddi		14
15	EBELING Annabelle (GK)		13
888	MURPHY Blair		14
888	DAVIS Isabelle		14
888	WILSON Tahni		14
888	ENGLER Susannah		15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Zone Coordinator	INTEMAN Jess
Zone Coordinator	BAAS Katarzyna
Team Manager	MCLEISH Susan
Team Manager	MCDERMOTT Richelle
Head Coach	POHAN Lachlan

Team Colours

Shirts	Yellow
Skirts	Black
Socks	Red Yellow
GK Shirts	Black



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Team Details Eastern Metro Hotshots

Shirt No.	Player	Date of Birth	Age*
1	GREEN Alexandra		14
2	LI Alice		14
3	HENDERSON Arabella		14
4	CHONG Charlotte		14
5	ANCHER, Lila		15
6	D'ONOFRIO, Matilda		15
7	WILDING Olivia		14
8	ROUGH Rose		14
9	BALZAT-FULLER Tessa		14
10	BROWN Zara		14
11	THOMPSON Zara		14
12	PERTZEL Elke		14
13	GILL Ishmeet-Kaur		14
14	CONDON Kirra		14
15	WATSON Emily (GK)		14
16	CARTER, Grace (GK)		15

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Team Staff

Role	Name
Zone Coordinator	WONG Alex
Team Manager	GREEN Tamsin
Team Manager	WATSON Jamie
Head Coach	STANSBY Evie
Assistant Coach	PERTZEL Lili

Team Colours

Shirts	Green
Skirts	Black
Socks	Green Black
GK Shirts	Black



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Team Details North East Metro Red Devils

Shirt No.	Player	Date of Birth	Age*
1	RETIEF Aimee		14
2	KINTON Amalia		14
3	SHRAPNEL Anabel		14
4	HENRY Ava		15
5	HEREFORD, Bella		14
6	CREEK Eliza		15
7	HOLLY Elsa		15
8	KAUR, Harseerat		15
9	SCHWARZ Jaimee		15
10	MCMECKING Leah		14
11	KEARNEY, Madeleine		14
12	JACKSON SMITH, Matilda		15
13	ANDERSON Nicole		14
14	MATTHEWS Teagan		15
15	YUEK-NAM-LO Vianna		14
16	BARTEL Imogen (GK)		14
17	LAMBERT, Tara (GK)		14

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Team Staff

Role	Name
Zone Coordinator	PASQUALI Thomas
Zone Coordinator	van VOORST Wouter
Team Manager	HEREFORD Owen
Head Coach	WHITE Ashleigh
Assistant Coach	BOULTER Lauren

Team Colours

Shirts	Red
Skirts	Black
Socks	Red Black
GK Shirts	Black



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Team Details North West Lightning

Shirt No.	Player	Date of Birth	Age*
1	EAGLE, Abbi		15
2	POTTER Abby		14
3	WRIGHT Addison		14
5	SYMES Annemieka		14
6	HENSLEY Charlotte		15
7	STEVENS Charlotte		15
8	WILLIAMSON Ellie		14
9	COPLEY Lana		15
10	SPICER Montana		14
11	GUTHRIE Quinn		14
12	MATTHEWS Saskia		14
13	HARTNEY Sienna		14
15	WARD Victoria		15
16	KRAUSE Kailie (GK)		14
888	KEILLOR Isobella		14
	DRUITT Alexandra		14

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Team Staff

Role	Name
Zone Coordinator	FINCH Jane
Zone Coordinator	POXON Angela
Team Manager	WRIGHT Tamara
Head Coach	DRUITT Cameron
Head Coach	SADLER Alexandra

Team Colours

Shirts	Sky Blue
Skirts	Blue
Socks	Sky Blue
GK Shirts	Black

Tournament Directors: EGGERS Taela (AUS), PAGE Lyn (AUS)



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Team Details North West Metro Tigers

Shirt No.	Player	Date of Birth	Age*
1	REILLY Alice		14
2	KAUR Arshjot		14
4	WRIGHT Charlotte		15
5	GILES Ebony		14
6	BERGIN Emily		14
7	GILCHRIST Imogen		14
8	de WIJN Isabel		15
9	COOK Jasmine		15
10	IOSUA Leah		14
11	REIFSCHNEIDER Olivia		14
12	JUKES Tilda		15
13	REID Tilly		14
14	SYKES Zoey		15
15	HAUPSTEIN Paige (GK)		14
16	IOSUA Roni (GK)		15

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Team Staff

Role	Name
Apprentice Coach	GAUCI Cara
Zone Coordinator	BAIRSTOW Michael
Zone Coordinator	PEARSON Christopher
Team Manager	GAUCI Matt
Head Coach	TELLEFSON Bridget
Assistant Coach	SYKES Rohan

Team Colours

Shirts	Orange
Skirts	Black
Socks	Orange
GK Shirts	Black



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Team Details Southern Metro Sharks

Shirt No.	Player	Date of Birth	Age*
1	LEONARD Abbey		14
2	SARTITSIS Artemis		14
3	BEEKMAN Brooke		14
4	CALADO Chantelle		14
5	MADDISON Charlotte		15
6	GREENWOOD Chloe		14
7	REDFERN Eva		14
8	MURPHY Grace		15
9	HEINS Ingrid		14
10	LARKINS Isabella		14
11	TORRINGTON Izzy		15
12	PUNT, Klara		15
13	GOURDOULIS Lilika		15
14	HOULT Neve		14
15	WALKER, Cordelia (GK)		15
16	BRINDLE Ruby		14

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Team Staff

Role	Name
Zone Coordinator	FALLOWFIELD Shelley
Zone Coordinator	JOOSTE Laetitia
Team Manager	CRISP Lyndall
Head Coach	CONNELL Sarah
Assistant Coach	SPITERI Georgia

Team Colours

Shirts	White
Skirts	Black
Socks	Purple
GK Shirts	Black



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Team Details Western Metro Wildcats

Shirt No.	Player	Date of Birth	Age*
1	BOYLE Audrey		15
2	WYNN Emmy		14
3	MANNIX Hannah		14
4	SONDHU, Iris		14
5	BRADBURY, Isabella		14
6	RENOUF Ivy		14
7	RICHENS Jessica		14
8	MASSA, Kiara		14
9	SAMRA Puneet		15
10	BROWN Renee		14
12	TOUSSAINT Sage		14
13	XINOMILAKIS Tahlia		14
14	LANYON, Tia		14
15	BAKER Charlotte (GK)		15
16	WARD Laila (GK)		14

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Team Staff

Role	Name
Zone Coordinator	JEROMSON Hayley
Zone Coordinator	JEROMSON Christy
Team Manager	WYNN Gareth
Head Coach	KENNEDY Ainslie
Assistant Coach	DE MURI Rheanna

Team Colours

Shirts	Green
Skirts	Black
Socks	Green Yellow
GK Shirts	Black



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Team Details West Vic Eagles

Shirt No.	Player	Date of Birth	Age*
1	JUSTIN Ainsley		14
2	BISHOP Akeisha		14
3	CUNNINGHAM, Ava		15
4	CARLAND Bridie		14
5	WOOD Elise		14
6	EICHLER Harriette		14
7	WATSON Lola		14
8	KNOOP Olivia		14
9	VAN ZELST Pippa		14
10	JANSEN Reese		14
11	GOULD Stephanie		14
12	BISHOP Taliyah		15
13	STAPLETON Vera		14

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Team Staff

Role	Name
Zone Coordinator	BRIDGE Mark
Team Manager	VAN ZELST Belinda
Head Coach	WOOD Craig
Assistant Coach	JENKINS Poppy

Team Colours

Shirts	Maroon
Skirts	Black
Socks	Maroon
GK Shirts	Black

Tournament Directors: EGGERS Taela (AUS), PAGE Lyn (AUS)