

Pool Standings

Day 4 after 30 games played - July 5

Pool A

| Pool A | | Games | | | | Goals | | | Points |
|--------|------------------------------|--------|------|-------|--------|-------|---------|------------|--------|
| Rank | Team | Played | Wins | Draws | Losses | For | Against | Difference | |
| 1 | Eastern Metro Hotshots | 4 | 4 | 0 | 0 | 19 | 2 | 17 | 12 |
| 2 | North West Country Lightning | 4 | 3 | 0 | 1 | 10 | 8 | 2 | 9 |
| 3 | Southern Metro Sharks | 4 | 2 | 0 | 2 | 6 | 5 | 1 | 6 |
| 4 | North West Metro Tigers | 4 | 1 | 0 | 3 | 5 | 9 | -4 | 3 |
| 5 | South West Country Eagles | 4 | 0 | 0 | 4 | 4 | 20 | -16 | 0 |

Points: Points awarded for Wins: 3, Draws: 1, Losses: 0

| Team | EAGLES | HOTSHOTS | LIGHTNING | SHARKS | TIGERS |
|------------------------------|--------|----------|-----------|--------|--------|
| South West Country Eagles | | 0-10 | 1-4 | 1-2 | 2-4 |
| Eastern Metro Hotshots | 10-0 | | 5-1 | 2-1 | 2-0 |
| North West Country Lightning | 4-1 | 1-5 | | 2-1 | 3-1 |
| Southern Metro Sharks | 2-1 | 1-2 | 1-2 | | 2-0 |
| North West Metro Tigers | 4-2 | 0-2 | 1-3 | 0-2 | |

Pool B

| Pool B | | Games | | | | Goals | | | Points |
|--------|-----------------------------|--------|------|-------|--------|-------|---------|------------|--------|
| Rank | Team | Played | Wins | Draws | Losses | For | Against | Difference | |
| 1 | Central Metro Flames | 3 | 2 | 0 | 1 | 5 | 2 | 3 | 6 |
| 2 | North East Country Knights | 3 | 1 | 2 | 0 | 6 | 4 | 2 | 5 |
| 3 | Western Metro Wildcats | 3 | 1 | 1 | 1 | 4 | 4 | 0 | 4 |
| 4 | North East Metro Red Devils | 3 | 0 | 1 | 2 | 2 | 7 | -5 | 1 |

Points: Points awarded for Wins: 3, Draws: 1, Losses: 0

| Team | FLAMES | KNIGHTS | RED DEVILS | WILDCATS |
|-----------------------------|--------|---------|------------|----------|
| Central Metro Flames | | 0-2 | 3-0 | 2-0 |
| North East Country Knights | 2-0 | | 2-2 | 2-2 |
| North East Metro Red Devils | 0-3 | 2-2 | | 0-2 |
| Western Metro Wildcats | 0-2 | 2-2 | 2-0 | |

Pool C

| Pool C | | Games | | | | Goals | | | Points |
|--------|------------------------------|--------|------|-------|--------|-------|---------|------------|--------|
| Rank | Team | Played | Wins | Draws | Losses | For | Against | Difference | |
| 1 | Eastern Metro Hotshots | 3 | 2 | 1 | 0 | 15 | 2 | 13 | 7 |
| 2 | Central Metro Flames | 3 | 1 | 1 | 1 | 4 | 3 | 1 | 4 |
| 3 | North West Country Lightning | 3 | 1 | 0 | 2 | 4 | 10 | -6 | 3 |
| 4 | North East Country Knights | 3 | 1 | 0 | 2 | 4 | 12 | -8 | 3 |

Points: Points awarded for Wins: 3, Draws: 1, Losses: 0

| Team | FLAMES | HOTSHOTS | KNIGHTS | LIGHTNING |
|------------------------------|--------|----------|---------|-----------|
| Central Metro Flames | | 1-1 | 0-2 | 3-0 |
| Eastern Metro Hotshots | 1-1 | | 9-0 | 5-1 |
| North East Country Knights | 2-0 | 0-9 | | 2-3 |
| North West Country Lightning | 0-3 | 1-5 | 3-2 | |

Pool Standings

Pool D

| Pool D | | Games | | | | Goals | | | Points |
|--------|-----------------------------|--------|------|-------|--------|-------|---------|------------|--------|
| Rank | Team | Played | Wins | Draws | Losses | For | Against | Difference | |
| 1 | Western Metro Wildcats | 4 | 3 | 1 | 0 | 9 | 3 | 6 | 10 |
| 2 | Southern Metro Sharks | 4 | 3 | 0 | 1 | 8 | 4 | 4 | 9 |
| 3 | North East Metro Red Devils | 4 | 2 | 0 | 2 | 7 | 9 | -2 | 6 |
| 4 | North West Metro Tigers | 4 | 1 | 1 | 2 | 9 | 10 | -1 | 4 |
| 5 | South West Country Eagles | 4 | 0 | 0 | 4 | 4 | 11 | -7 | 0 |

Points: Points awarded for Wins: 3, Draws: 1, Losses: 0

| Team | EAGLES | RED DEVILS | SHARKS | TIGERS | WILDCATS |
|-----------------------------|--------|------------|--------|--------|----------|
| South West Country Eagles | | 1-2 | 1-2 | 2-4 | 0-3 |
| North East Metro Red Devils | 2-1 | | 1-3 | 4-3 | 0-2 |
| Southern Metro Sharks | 2-1 | 3-1 | | 2-0 | 1-2 |
| North West Metro Tigers | 4-2 | 3-4 | 0-2 | | 2-2 |
| Western Metro Wildcats | 3-0 | 2-0 | 2-1 | 2-2 | |